

Voluntary Sector Organisations

Last updated March 2017

PLEASE FEEL FREE TO TAKE A COPY

There are a large number of voluntary organisations in the area who offer support to people in various different circumstances. If you need help with;

- Coping with the loss of someone close
- Counselling
- Carer support and respite
- Relationship support
- Supporting people with mental or physical disabilities
- Personal development

Then the services listed in this document may be able to help you.

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1. Bereavement Services

1.1 Family Action – Children and Loss

The Children and Loss service offers a therapeutic recovery service for children aged 5 to 17 who have experienced the death of a significant person in their lives. This could be when someone close to them has died and they are struggling with the grieving process. It could also be when a child is taken into care and they are struggling to come to terms with losing their biological family.

The service also offers support and advice to parents and carers who are helping the child recover.

How to access

You can contact the Children and Loss service by telephoning 01274 651 652.

Contact information

Telephone: 01274 651 652

Address: 207 Cutler Heights Lane
Bradford
BD4 9JB

Web site: www.family-action.org.uk

E-mail: info@family-action.org.uk

1.2 Bradford Bereavement Services

Bradford Bereavement Services offers bereavement counselling services to people aged 16 and over. This includes both face to face and telephone counselling, and offers evening and weekend appointments.

How to access

You can self refer to Bradford Bereavement Services by telephoning 01274 619 552 or e-mailing info@bradfordbereavement.org.uk.

Contact information

Telephone: 01274 619 552

Address: Bradford Bereavement Support
Albion Mills
Albion Road
Bradford
BD10 9TQ

Web site: www.bradfordbereavement.org.uk

E-mail: info@bradfordbereavement.org.uk

2. Support for victims of abuse

2.1 MOSAIC II – Support for families affected by sexual abuse

MOSAIC II supports families whose lives have been affected by sexual abuse by enabling them to gain knowledge regarding child protection procedures and obtain healthy coping strategies following the disclosure of sexual abuse within their families.

The service offers counselling, complementary therapies, physical wellbeing sessions and various forms of support work to help families.

How to access

You can self refer to MOSAIC II by telephoning 01274 734 561 or e-mailing info@mosaic2.org.uk.

Contact information

Telephone: 01274 734 561

Address: Unit 15
Holroyd Business Centre
Carr Bottom Road
Bradford BD5 9BP

Web site: <http://www.mosaic2.org.uk> (you can also send a message to them via their web site)

E-mail: info@mosaic2.org.uk

2.2 Family Action – Alma Street Project

The Alma Street Project offers therapeutic support for children age 5 to 17 years old who have been sexually abused. They give children the opportunity to tell their stories and explore their feelings.

They also work with parents and carers to help them understand and cope with the emotional needs of their children.

How to access

Telephone 01274 651 652

Contact information

Telephone: 01274 651 652

Address: 207 Cutler Heights Lane
Bradford
BD4 9JB

Web site: www.family-action.org.uk

E-mail: info@family-action.org.uk

2.3 Bradford Rape Crisis and Sexual Abuse Survivors Service

Provides specialist sexual health services within a safe, confidential, accessible centre and in partnership with health and voluntary sector organisations in community settings.

How to access

You can access this service by telephoning 01274 308270

Contact details

Telephone: 01274 308 270

Address: 19-25 Sunbridge Road
Bradford
West Yorkshire
BD1 2AY

Web site: <https://rapecrisis.org.uk>

E-mail: contactus@brcq.org.uk

3. Counselling and Mental Health

3.1 Relate Relationship Support Services

Offers specialist counselling / therapeutic services with a focus on relationships. They work with adults and families.

How to access

You can contact Relate Bradford on 01274 726 095. Please be aware that if you are self-referring you will be charged. Alternatively, if you are referred by your GP then you will not be charged.

Contact information

Telephone: 01274 726 096

Address: Relate Bradford
1st Floor
Bradford Trident Business Centre
11 Edward Street
Wakefield Road
Bradford
BD4 7BH

Web site: www.relatebradford.org.uk

E-mail: information@relatebradford.com

3.2 Family Action – Building Bridges

Building Bridges is a service which supports parents affected by mental health issues which impact on their children.

How to access

You can access the Building Bridges service by phoning 01274 651 652

Contact information

Telephone: 01274 651 652

Address: 207 Cutler Heights Lane
Bradford
BD4 9JB

Web site: www.family-action.org.uk

E-mail: info@family-action.org.uk

3.3 The Cellar Trust Personal Development Programme

The Cellar Trust Personal Development Programme supports people with mental health issues in relation to job training and helping with employment.

How to access

The Personal Development Programme is only available via referral from your GP. If you would like to be referred to this service please get in touch with your GP.

Contact information

Telephone: 01274 586 474

Address: The Cellar Trust
Farfield Road
Shipley
West Yorkshire
BD18 4QP

Web site: <http://www.thecellartrust.org/client-services/personal-development-programme>

E-mail: mail@thecellartrust.org

3.4 Bradford Counselling Services

Offers counselling for children and adults, and also offers the Freedom project for women who have experienced domestic abuse or violence.

How to access

You can contact Bradford Counselling Services on 01274 733080. Please be aware that if you are self-referring you will be charged. Alternatively, if you are referred by your GP then you will not be charged.

Contact information

Telephone: 01274 733080

Address: 17 Dale Street
Bradford
BD1 4HT

Web site: www.bradfordcounsellingservices.org.uk

E-mail: info@bradfordcounsellingservices.org.uk

3.5 Sharing Voices – Mental Health Involvement and Recovery, youth led initiative and dementia inclusion project

Sharing Voices Bradford (SVB) is a community development mental health organisation actively supporting and working with diverse minority communities of Bradford.

Sharing Voices Bradford was established on the basis that an individual's mental health experiences often arise from issues around: poverty, racism, unemployment, loneliness, family conflicts, relationship difficulties, and other socio-economic and personal factors that cannot be merely understood through biological terms alone. Understanding where an individual is, on their journey of recovery, listening to peoples own explanation and helping find solutions based on their needs, is a key part of our work.

How to access

You can contact Sharing Voices by telephoning 01274 731166

Contact information

Telephone: 01274 731166

Address: Mornington Villas
Bradford
BD8 7HB

Web site: <http://sharingvoices.net>

E-mail: info@sharingvoices.net

3.6 Prism Youth Project

PRISM is an innovative, dynamic and creative organisation which provides alternative education and accredited youth work initiatives to those young people who struggle to achieve in more conventional settings.

We offer guidance and support which empowers young people to move into mainstream educational, employment and training opportunities .

PRISM continues to be more than a training provider, more than a guidance agency and more than a drop-in centre for young people with personal, social or emotional problems. It offers a holistic experience which considers every young person as a unique individual with unique needs and unique potential.

Due to demand we are continually increasing the numbers of young people with whom we work and the number of programmes that we are able to offer. We aim to develop our partnership working in order to offer young people a wider range of services.

We judge our success not only on the impact which we have on the lives of individual young people, but also on our ability to support the key indicators, such as the number of people not in education, employment and training, the number of school exclusions, the teenage pregnancy rate and the re-offending rate amongst young people. We work hard to promote good citizenship in the young people we support.

We aim to consolidate and strengthen our position as a major provider of alternative education in the area for young people.

How to access

You can contact PRISM Youth Project by telephoning 01274 487633.

Contact information

Telephone: 01274 487633

Address: Prism Youth Project
Walker Drive
Girlington
Bradford
BD8 9ES

Web site: www.prismyouthproject.org

E-mail: tricia.stevens@prismyouthproject.org

3.7 Bradford and Airedale Mental Health Advocacy and Befriending Group

Befriending is a confidential service which supports people, aged 18-65, who as a result of mental ill health are experiencing loneliness, or have become socially excluded. All of our befrienders are volunteers who have done our in house training course, and receive support and supervision for the work they do.

The Befriending Service is available throughout the Bradford Metropolitan Area and is funded by the Clinical Commissioning Group.

How to access

You can contact the befriending service by telephoning 01274 770 118.

Contact information

Telephone: 01274 487633

Address: Bradford and Airedale Mental Health Advocacy Group
Rooms 21-29
1st floor
The Tradeforce Building
Cornwall Place
Bradford
BD8 7JT

Web site: www.bamhag.org.uk

E-mail: jack.smith@bamhag.co.uk

3.8 Horton Housing Association

Horton Housing Association provides a wide range of services, from support for people wanting to stay in their present accommodation to specialist accommodation for people that are either homeless or have other needs.

How to access

The Horton Housing Association is only available via referral by your GP.

Contact information

Telephone: 01274 370689

Address: Horton Housing Association
Chartford House
54 Little Horton Lane
Bradford
West Yorkshire
BD5 0BS

Web site: www.hortonhousing.co.uk

E-mail: headoffice@hortonhousing.co.uk

3.9 SACAR Autism Works

Specialist Autism Services (formally known as Sacar) was established in 1999 in Bradford due to increasing demands from parents/carers of people with autism. We are a non-profit organisation that works for and with adults on the autism spectrum across Yorkshire, spreading autism awareness nationally. We make a positive difference to the lives of our members and through person-centred support we create opportunities for people to build confidence, develop social skills, increase independence and fulfil their potential.

How to access

You can contact the SACAR Autism Works by telephoning 01274 379725.

Contact information

Telephone: 01274 379725

Address: Specialist Autism Services
Merchants House
19 Peckover Street
Bradford
BD1 5BD

Web site: www.specialistautismservices.org

E-mail: info@specialistautismservices.org

3.10 MIND in Bradford

Mind in Bradford is an independent organisation affiliated to Mind that works towards a better life for people experiencing mental and emotional health problems. As recipients of the Mind Quality Mark, we abide by, and operate to, the high standards set out by the national charity

How to access

You can contact MIND in Bradford by telephoning their helpline on 01274 594594. They also offer a drop in service from 12pm to 9pm, 7 days a week.

Contact information

Telephone: 01274 594594

Address: Tradeforce Building
Cornwall Place
Bradford
West Yorkshire
BD8 7JT

Web site: www.mindinbradford.org.uk

E-mail: None listed, but you can contact them by submitting a form on their web site.

3.11 ISIS project for women and children

We are a small women only charity located in the Voluntary and Community Sector, based in Saltaire, Shipley – our service is for all women aged 18+ who are experiencing mental ill-health/distress. We cover the Bradford and Airedale district, and take referrals from a range of health and social care organisations. Women cannot currently self-refer. We provide a time limited intervention (12 months) in order to promote recovery and independence.

We work alongside the NHS and other agencies to provide complimentary services to promote women's recovery from mental ill health. We are unique in providing child care for Under 5's in our Ofsted registered crèche. We have a small but dedicated professional staff team - which includes a Social Work Student Unit - to ensure we deliver a friendly, culturally sensitive and inclusive service.

How to access

You can contact the ISIS project by telephoning 01274 532858.

Contact information

Telephone: 01274 532858

Address: The ISIS Project for Women and Children Ltd
Crown Buildings
John Street
Shipley
BD18 3HU

Web site: www.isisproject.co.uk

E-mail: susan@isisproject.co.uk

3.12 The Cellar Trust

The Cellar Trust has been working with the people of Bradford since the mid-1980s, promoting recovery from mental health problems. We believe that every person has the right to a bright future and we support individuals on their journey as they move towards the goal of an independent and fulfilling life.

As well as a range of educational courses and workshops that help people develop and enable them to fulfil their potential, we have an income generating charity shop, community café and woodwork shop. We also run a day time crisis centre from our headquarters.

How to access

The Cellar Trust can only be accessed via a referral from your GP.

Contact information

Telephone: 01274 586 474

Address: The Cellar Trust
Farfield Road
ShIPLEY
West Yorkshire
BD18 4QP

Web site: www.thecellartrust.org

E-mail: mail@thecellartrust.org

3.13 Barnardo's Wellness Recovery Action Planning with Young People

WRAP (Wellness Recovery Action Planning) aims to empower young people to take control of their health and wellness, using lots of different self-help tools, fun interactive group activities and peer support.

How to access

You can contact Barnardo's in Bradford by calling 01274 481183

Contact information

Telephone: 01274 481183

Address: Unit 1, Bolton Road
Bradford
BD2 4ST

Web site: www.barnardos.org.uk

E-mail: mail@thecellartrust.org

4. Disability Support

4.1 Bradford People First Healthy Living Project

The Healthy Living Group's aim is to make sure people with learning disabilities get the right support and same chances as everyone else with their health.

The group is funded by NHS Bradford & Airedale.

We work with people with learning disabilities, carers, health workers and professionals.

There are up to 5 members with a learning disability each day, a development worker who supports them and also some volunteers.

How to access

You can contact Bradford People First by calling 01274 744151

Contact information

Telephone: 01274 744151

Address: Bradford People First
Mayfield Centre
Broadway Avenue
Bradford
BD5 9NP

Web site: www.bradfordpeoplefirst.org.uk

E-mail: healthyliving@bradfordpeoplefirst.org.uk

4.2 Choice Advocacy

Choice Advocacy was set up in 2004 to provide independent crisis advocacy services to adults with learning disabilities in the Bradford district.

Advocacy is taking action to help people say what they want, secure their rights, represent their interests and obtain the services they need.

How to access

You can contact Choice Advocacy by calling 01274 391691

Contact information

Telephone: 01274 391691

Address: Choice Advocacy
Rebecca House
Rebecca Street
Bradford
BD1 2RX

Web site: www.choiceadvocacy.org.uk

E-mail: trish@choiceadvocacy.org.uk

4.3 People First Keighley and Craven – Healthy Me

People First Keighley and Craven used to be called the Out There Club. It started in 2002 in an office at Acres House in Keighley. James Brown started the organisation because he wanted to organise his own nights out and not have them planned for him by other people.

We also offer support to carers by providing short breaks, these can be through the day, evenings or weekends. In 2003 we had our first social night out and we have been holding them every month since. In April 2006 we became People First Keighley & Craven. We decided to become People First Keighley & Craven advocacy group so we could speak up and help people with learning disabilities.

How to access

You can contact People First Keighley and Craven by calling 01535 607222

Contact information

Telephone: 01535 607222

Address: Unit 10
Springfield Mills
Oakworth Road
Keighley
West Yorkshire
England
BD21 1SL

Web site: www.peoplefirstkc.com

E-mail: peoplefirst@live.co.uk

4.4 Equality Together

Equality Together is a local user-led organisation for disabled people, their carers and families. Our services are currently available to people who live in the Bradford Metropolitan District. Discover more about our aims as an organisation, what it's truly like to understand disabilities and say hello to the wonderful team how make Equality Together tick.

How to access

You can contact Equality First by calling 01274 594173

Contact information

Telephone: 01274 594173

Address: Carlisle Business Centre
60 Carlisle Road
Bradford
BD8 8BD

Web site: <http://equalitytogether.org.uk>

E-mail: enquiry@equalitytogether.org.uk

5. Other

5.1 Making Space Mental Health Carer Service

We can:

- Give you emotional support
- Offer advice and guidance to assist you as a carer
- Support you to enjoy your life outside of your caring role
- Signpost other services and organisations that can help you
- Provide information about mental health conditions, treatments and local services
- Support you to communicate with mental health services

We currently run various groups and coffee mornings across Bradford and Airedale.

How to access

You can contact Making Space by calling 01535 216020. You can also fill out a self referral form at <http://www.makingspace.co.uk/our-services/bradford-and-airedale-carer-support-service>

Contact information

Telephone: 01535 216020

Address: Suite One
Meridian House
Bradford Rd
Keighley
Yorkshire
BD21 4AJ

Web site: www.makingspace.co.uk

E-mail: enquiries@makingspace.co.uk

5.2 Cancer Support Yorkshire

We can help with practical issues like information, transport and welfare rights advice. We also provide emotional support by offering counselling, complementary therapies and a range of classes, courses and support groups.

If you or someone close to you has recently received a cancer diagnosis, we can help.

When you first contact us we will complete a referral for you, we will chat with you about your needs and together we will agree which support is right for you. We will then discuss with you what to expect next.

You can contact us direct without going through a healthcare professional; all of our services are free to access.

How to access

You can contact Cancer Support Yorkshire on 01274 77 66 88.

Contact information

Telephone: 01274 77 66 88

Address: Daisy House Farm
44 Smith Lane
Bradford
BD9 6DA

Web site: <http://cancersupportyorkshire.org.uk>

E-mail: Not listed, but you can send an email via their web site at
<http://cancersupportyorkshire.org.uk/contact.html>